


Chemical	Where It's Found	Potential Health Risks
1, 4-dioxane	products that create suds: shampoo, liquid soap, bubble bath, hair relaxers	- cancer - birth defects
2-butoxyethanol	glass cleaners, all-purpose spray cleaners	- reduced fertility - low birth weight
Alkyl phenol ethoxylates (APES)	laundry detergents, all-purpose cleaners, stain removers	- reproductive harm
Ammonium quaternary compounds	some disinfectant sprays, toilet cleaners, alcohol-free hand sanitizers	- occupational asthma - decreased fertility & birth defects
Bisphenol-A (BPA)	plastics, such as baby bottles, sippy cups, water bottles & children's toys; can linings	- breast cancer - early puberty - hormone disruption



WOMEN'S VOICES FOR THE EARTH
OUR HEALTH. OUR FUTURE. TOXIC FREE.

15 Toxic Trespassers

Harmful Chemicals to Avoid in Everyday Products

Learn more about these chemicals and how you can help us eliminate the toxins that harm our health and our communities at:

www.womensvoices.org 406.543.3747

WALLET GUIDE

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Chemical	Where It's Found	Potential Health Risks
Formaldehyde	some nail products, shampoos, body washes, chemical hair straighteners	- cancer - skin and respiratory irritation
Hydroquinone	skin lighteners	- cancer - immune system damage - reproductive/developmental harm
Lead	some lipsticks & other cosmetics, sunscreens, whitening toothpastes	- reproductive/developmental harm - nerve, joint & muscle disorders - heart, kidney & bone problems
Monoethanolamine (MEA)	some laundry detergents, all-purpose cleaners and floor cleaners	- occupational asthma
PBDEs (Flame retardants)	polyurethane foam padding in furniture, children's products	- reproductive/developmental harm - thyroid hormone disruption

Chemical	Where It's Found	Potential Health Risks
Phthalates	fragrances in cleaning products, personal care products, cosmetics & nail polish	- reduced fertility - breast cancer - genital malformations in baby boys - allergic symptoms & asthma in children
Sodium laureth sulfate	soaps, shampoos, toothpaste & products that create suds	products containing these chemicals may contain 1,4 dioxane
Synthetic musks: galaxolide & tonalide	fragrances, such as in cleaning products & personal care products	- hormone disruption - breakdown of body's defenses against other toxic exposures - increased risk of breast cancer
Toluene	nail salon products	- headache, dizziness, fatigue - eyes, nose & throat irritation - reproductive/developmental harm
Triclosan	antibacteria hand & dish soaps, some disinfectant products, tartar-control toothpastes, fragrance	- hormone disruption - potential increased risk of breast cancer